**Title: Abstract Template for Journal Submission**

**Authors’ names**

**Affiliations**

**Corresponding Author’s E-mail:**

**Abstract**

**Background/Introduction:**
Briefly introduce the context or problem that your study addresses. Highlight the knowledge gap or rationale behind the study.

**Objectives:**
Clearly state the main objective(s) or research question(s) of the study.

**Methods:**
Summarize how the study was conducted: design, participants, instruments, and analysis methods.

**Results:**
Present the main findings of the study (without detailed data). Focus on key trends or statistically significant outcomes.

**Conclusion:**
Summarize the implications of your findings and any recommendations or relevance to the field.

**Keywords:** [3–6 terms]