**Title: Abstract Template for Journal Submission**

**Authors’ names**

**Affiliations**

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**Abstract**

**Background/Introduction:**  
Briefly introduce the context or problem that your study addresses. Highlight the knowledge gap or rationale behind the study.

**Objectives:**  
Clearly state the main objective(s) or research question(s) of the study.

**Methods:**  
Summarize how the study was conducted: design, participants, instruments, and analysis methods.

**Results:**  
Present the main findings of the study (without detailed data). Focus on key trends or statistically significant outcomes.

**Conclusion:**  
Summarize the implications of your findings and any recommendations or relevance to the field.

**Keywords:** [3–6 terms]